

## Know Before You Go

### Shinny Hockey Guidelines

Strathcona County is committed to ensuring the safety of all participants of any shinny hockey drop-in opportunities. Therefore, the following guidelines have been developed to support this activity.

#### Required Equipment

- CSA Approved Helmet
- Shin, shoulder, and elbow pads
- Neck Guard
- Hockey Pants
- Hockey Gloves

#### Participation Guidelines

Recommended age of participation is 15+

Drop in shinny is **non-contact** at all times. Arena Guidelines are to be followed by all participants.

All players (EXCEPT GOALIES) must have a pre-booked timeslot. New activity timeslots will be available daily at 7am the day before. Payment required upon booking timeslot.

Capacities:

- 60min Time Slots: A maximum of 20 players (and 4 goalies) will be admitted.
- 120min+ Time Slots: A maximum of 24 players (and 4 goalies) will be admitted.
- Goalies can drop-in and play at no charge. They do not require a wristband on the ice and they cannot access other building services unless they pay a drop-in fee or utilize their active pass/pass +. If no goalies attend, facility can provide Shooter Tutors.

Ice time must be shared equally between all participants.

Strathcona County has a [Respectful Workplace Policy](#). All participants will always treat each other and facility staff with respect.

Incidents/accidents are to be reported to facility staff.

Theft does occur. Please do not bring any valuables into the locker room. Lockers/token lockers are available in the wellness centre.

The use of and/or being under the influence of any drugs or alcohol is strictly prohibited. If suspected of any use or possession you will be asked to leave the facility immediately.

Facility staff has the right to suspend shinny participants if the guidelines are not followed.