

Age Access Guide

How much supervision is required for my child in the facility?

| | 0-4 | 5-7 | 8-10 | 11-13 | 14-17 |
|---------------------------|--------------------------------------|-----------|--|--------------------------------------|-------------|
| Aquatic Centre | Hands on See *Aquatic supervision | | | | |
| Courts | | | | | |
| Gymnasium | Hands on | Hands off | Full access | Full access | Full access |
| Fields | | | | | |
| Track | | | | | |
| Rec Skate/Stick and Skate | | | | | |
| Edu-tainment Centre | | | Edu-tainment Centre at Millennium Place is designed for ages 0-7. | | |
| Youth Lounge | | | Edu-tainment Centre at Ardrossan Recreation Complex is designed for ages 0-10. | | |
| Wellness Centre | No access | No access | No access | Hands On See **Fit for the Future | |
| Group Fitness Classes | | | | | |

Supervision – provided by a responsible individual able to provide emergency contact information and ensure safe and respectful behaviour.

“Hands On” supervision – responsible individual actively interacts with the child to teach, remind and reinforce safe, appropriate play within the facility.

“Hands Off” supervision – responsible individual remains in the facility, aware of child’s whereabouts and is able to be located by child and/or facility staff quickly.

Full Access - able to use the space without supervision.

***Aquatic Supervision**

Children under 8 must be accompanied in the water by a responsible individual 14 years of age or older (1 responsible individual with a maximum of 3 children in arms reach).

****Fit for the future**

Children must complete the Fit for the Future program or have hands on supervision if they wish to use the Wellness Centre or attend a fitness class.