

Age Access Guide

How much supervision is required for my child in the facility?

	0-5 years	6-7 years	8-9 years	10-13 years	14 years+
Aquatic Centre	Hands on See *Aquatic supervision				
Courts	Hands on	Hands off	Full access	Full access	Full access
Gymnasium					
Fields					
Track					
Rec Skate/Stick and Skate					
Edu-tainment Centre	Edu-tainment Centre at Millennium Place is designed for ages 0-7.				
Youth Lounge	Edu-tainment Centre at Ardrossan Recreation Complex is designed for ages 0-10.				
Wellness Centre	No access	No access	No access	Hands On See **Fit for the Future	
Group Fitness Classes	No access	No access	No access		

Supervision – provided by a responsible individual able to provide emergency contact information and ensure safe and respectful behaviour.

“Hands On” supervision – responsible individual actively interacts with the child to teach, remind and reinforce safe, appropriate play within the facility.

“Hands Off” supervision – responsible individual remains in the facility, aware of child’s whereabouts and is able to be located by child and/or facility staff quickly.

Full Access - able to use the space without supervision.

***Aquatic Supervision**

Children under 8 must be accompanied in the water by a responsible individual 14 years of age or older (1 responsible individual with a maximum of 3 children in arms reach).

****Fit for the future**

Children must complete the Fit for the Future program or have hands on supervision if they wish to use the Wellness Centre or attend a fitness class.