



STRATHCONA COUNTY

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Recreation and Parks Month

In Alberta, we are fortunate to have trail systems, parks and green spaces that allow residents and visitors to use for recreational opportunities that are beneficial to physical, emotional and mental health. In Strathcona County, we encourage residents to lead an active and healthy lifestyle year-round, to enjoy outdoor recreation experiences and provide physical, mental and social benefits to do so.

Strathcona County works with various community groups and agencies to provide quality services and programs that benefit residents to help lead a healthy lifestyle, create community pride and togetherness and reduce health care costs. Recreation enhances quality of life, develops skills and positive self-image in children and youth, builds social sustainability, economic growth and environmental awareness by allowing people to connect to nature through recreation.

The Parks system in Strathcona County helps to increase and bring awareness to environmental sustainability, provide vital spaces for nature to be protected and appreciated and to help plant life and wildlife thrive. The parks, spaces and outdoor offerings in Strathcona County provide safe opportunity for youth, adults, and seniors all while providing and supporting a natural environment for nature to prosper.

With the declaration of the Provincial Recreation and Parks Benefit Charter by the Alberta Recreation and Parks Association (ARPA), along with the official endorsement by the provincial government,

NOW THEREFORE I, Mayor Rod Frank, do hereby proclaim June 2018 as Recreation and Parks Month in Strathcona County.

Dated this 23 day of May, 2018.

Signed by
Rod Frank, Mayor