



STRATHCONA COUNTY

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Choose Kind

According to the Alberta Government, 50 percent of Alberta students reported being bullied at school, 45 percent of Canadian workers reported being bullied at work and 80 percent of Albertans have witnessed bullying.

We all have a role in creating a supported, safe and connected community.

The key to end bullying is awareness and understanding that promotes respectful and healthy relationships. Together, we can create opportunities to promote kindness and compassion that supports connection and respect for our individual differences.

The month of February offers several opportunities to support our community-driven social outcomes of safety, connectedness and inclusion. This year's *Choose Kind* initiative includes activities related to Safer Internet Day, Random Acts of Kindness Week, and Pink Shirt Day.

We encourage all community members to be champions and lead the way by spreading kindness and respecting each other's values, beliefs and lifestyles. Small actions are powerful and can positively impact each other and our community's wellbeing.

NOW THEREFORE I, Mayor Rod Frank, do hereby proclaim the month of February, 2018 as Choose Kind Month in Strathcona County.

Dated this 6 day of February, 2018.

Signed by
Rod Frank, Mayor