

# Family & Community Services

## Summer 2022 Programs At-A-Glance



### Early Years Programs

Early Years (Parented)	July 4 to 8	July 11 to 15	July 18 to 22	July 25 to 29	August 1 to 5	August 8 to 12	August 15 to 19	August 22 to 26
<b>Baby &amp; Me</b> (Ages 0 to 18 months)	<u>Wednesday, July 6</u> 1 p.m. to 2 p.m. Sherwood Park	<u>Wednesday, July 13</u> 1 p.m. to 2 p.m. Sherwood Park	<u>Wednesday, July 20</u> 1 p.m. to 2 p.m. Sherwood Park	<u>Wednesday, July 27</u> 1 p.m. to 2 p.m. Sherwood Park				
<b>Camp Slumberkins Under the Sea</b> (For children ages 3 to 5)	<u>July 4 to 8</u> 9:30 a.m. to 10 a.m. Online						<u>August 15 to 19</u> 9 a.m. to 9:30 a.m. Sherwood Park	
<b>Kimochis Start School</b> (For children entering Kindergarten)		<u>July 11 to 14</u> 9 a.m. to 10 a.m. Ardrossan	<u>July 18 to 21</u> 9 a.m. to 10 a.m. Sherwood Park		<u>August 2 to 5</u> 9 a.m. to 10 a.m. Sherwood Park			<u>August 22 to 25</u> 5 p.m. to 6 p.m. Sherwood Park

### Grades 1 - 3

	July 4 to 8	July 11 to 15	July 18 to 22	July 25 to 29	August 1 to 5	August 8 to 12	August 15 to 19	August 22 to 26
<b>Regulation Station</b> (Half-Day)	<u>July 4 to 7</u> 1 p.m. to 4 p.m. Sherwood Park						<u>August 15 to 18</u> 1 p.m. to 4 p.m. South Cooking Lake	
<b>Spark of Nature</b> (Half-Day)		<u>July 11 to 14</u> 1 p.m. to 4 p.m. Ardrossan						
<b>Confident Kids</b>								<u>August 22 to 25</u> 1:30 p.m. to 2:30 p.m. Sherwood Park
<b>Mindful Minds</b> (Online)		<u>July 11 to 14</u> 9 a.m. to 9:30 a.m. Online		<u>July 25 to 28</u> 5 p.m. to 5:30 p.m. Online				

# Family & Community Services Summer 2022 Programs At-A-Glance



## Grades 4 - 6

	July 4 to 8	July 11 to 15	July 18 to 22	July 25 to 29	August 1 to 5	August 8 to 12	August 15 to 19	August 22 to 26
<b>Expressing Me</b> (Half-Day)			<u>July 18 to 21</u> 1 p.m. to 4 p.m. Sherwood Park				<u>August 15 to 18</u> 1 p.m. to 4 p.m. Sherwood Park	
<b>Exploring Me</b> (Half-Day)					<u>August 2 to 5</u> 1 p.m. to 4 p.m. Sherwood Park	<u>August 8 to 11</u> 1 p.m. to 4 p.m. Ardrossan		
<b>Expressing Me</b> (Full-Day)	<u>July 4 to 7</u> 9 a.m. to 4 p.m. Sherwood Park		<u>July 18 to 21</u> 9 a.m. to 4 p.m. Ardrossan	<u>July 25 to 28</u> 9 a.m. to 4 p.m. South Cooking Lake				
<b>Exploring Me</b> (Full-Day)					<u>August 2 to 5</u> 9 a.m. to 4 p.m. Ardrossan	<u>August 8 to 11</u> 9 a.m. to 4 p.m. Sherwood Park		
<b>HealthyMe</b>		<u>July 11 to 14</u> 1 p.m. to 3 p.m. Sherwood Park		<u>July 25 to 27</u> 10 a.m. to 12 p.m. Sherwood Park		<u>August 8 to 10</u> 10 a.m. to 12 p.m. Ardrossan	<u>August 15 to 17</u> 10 a.m. to 12 p.m. Sherwood Park	<u>August 22 to 25</u> 6:30 p.m. to 8:30 p.m. Sherwood Park



Are you in Grade 7 to 9?  
Looking for something to do?  
[strathcona.ca/youthconnect](https://strathcona.ca/youthconnect)



Looking for programs to support  
a your children and teens?  
[strathcona.ca/parentsupport](https://strathcona.ca/parentsupport)



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